

Planning AS - TROISIEME	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
Badminton	12h15-13h10 Gymnase		13h15-15h Gymnase	16h-17h Gymnase	
Basket			15h-16h Gymnase		
Cirque	13h10-14h05 Gymnase				
Cross training muscu/poids de corps		12h15-13h10 Salle de musculation			
		16h30-17h20 Salle de musculation			
Futsal	17h-18h Gymnase				
Gymnastique		12h30-14h Lepenec			
Handball compétition		13h10-14h05 Gymnase			
Handball loisir		12h15-13h10 Gymnase			
Natation			14h30-16h Piscine du perreux		16h30-17h30 Piscine de Nogent
Renforcement / Step					12h15-13h10 Gymnase
Renforcement / Step 1 semaine sur 2 semaine paire	12h15-13h10 Salle de musculation				
Tennis de table			12h45-13h45 Salle Polyvalente		12h15-13h10 Salle Polyvalente
Volleyball		17h15-18h10 Gymnase			